

Ken Proskie CIH, CSP, CPEA, ROH

Ken has 30 years of diverse experience in the occupational health and safety profession. He brings strategic focus, mature judgment, and expert assistance to any safety challenge.

His industry experience includes: plastics (Pactiv and Fisher Price), paper (Pactiv and Quaker Oats), foods and pet foods (Quaker), beverages (Gatorade), chocolate (Ghirardelli), chemicals (furans), toys (Fisher Price), metal cans, garments (Joseph Bank), needlecraft yarns, foundries, boat hulls and engines (Mercury Marine), and automotive (Bendix and Tenneco).

Ken is well versed in a wide variety of areas:

- Industrial hygiene, occupational safety, ergonomics, behavioral safety, training
- OSHA (VPP programs, injury recordkeeping, compliance programs, inspections)
- Auditing (compliance, management systems)
- Organizational design and effectiveness

"Ken's deep understanding of safety and health systems has driven outstanding results and sustainable change." (Director HSE Programs at Pepsico Beverages and Foods)

"Ken's technical expertise, business savvy, and can-do attitude helped us achieve great results across our worksites." (Director Health & Safety, Fortune 100 company)

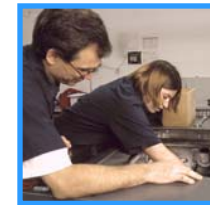
Ken is a Certified Industrial Hygienist (CIH), Certified Safety Professional (CSP), Certified Professional Environmental Auditor (CPEA), and Registered Occupational Hygienist (ROH). He is a member of the American Industrial Hygiene Association and the American Society of Safety Engineers.

COMPASS HEALTH & SAFETY

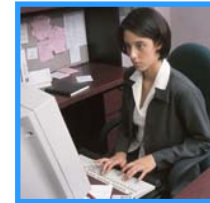
*Professional Guidance for a Safe
Workplace*



Safety



is



Good



Business

847-440-7607

www.compass-hs.com

COMPASS HEALTH & SAFETY, INC.
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About COMPASS

COMPASS is an independent consulting firm that offers a comprehensive range of occupational health and safety program management and technical services. We can help your business with regulatory issues, identify and reduce safety risks, or assist with your specific challenge.

Some Challenges We Can Help You Overcome

- ❖ You or your staff are overwhelmed with health and safety issues, with not enough time.
- ❖ Your injury rates, costs, and downtime are too high, despite your best efforts.
- ❖ Ergonomic injuries are driving up your costs and frustration level.
- ❖ You're concerned about compliance with complex OSHA rules and possible fines.
- ❖ You need guidance with your VPP efforts, or an independent review of your program.
- ❖ It has been awhile since your last independent compliance or management systems audit.
- ❖ You do not have the expertise and equipment to perform your industrial hygiene monitoring.
- ❖ You need to revive a struggling program, and improve culture and productivity at the same time.

Follow Our COMPASS To Outstanding Results

The truth is.....whether your health and safety program is in for a storm, a lull, or some clear sailing....., none of us know what is over the horizon. But there is a COMPASS to help you find your way, no matter what the conditions.

Industrial Hygiene

- ❖ Program / Policy Development and Review
 - Exposure Monitoring
 - Respiratory Protection
 - Hearing Conservation
 - Chemical Hazard Communication
 - Chemical Hygiene
 - Bloodborne Pathogens
- ❖ Exposure Assessments
 - Air Monitoring
 - Noise Dosimetry and Sound Measurements
 - Ventilation Surveys

Ergonomics

- ❖ Program / Policy Development and Review
- ❖ Workstation Assessments
- ❖ Design Guideline Support

Occupational Safety

- ❖ Program / Policy Development and Review
 - Lockout-Tagout
 - Machine Guarding
 - Confined Spaces
 - Personal Protective Equipment
 - Powered Industrial Trucks
 - Emergency Preparedness and Response
 - First-Aid / Medical Treatment Procedures
- ❖ Hazard Assessments
 - Personal Protective Equipment
 - Job Safety Analyses
 - Workplace Inspections

Training

Workshops, seminars, and employee training on any topic listed here

System and Program Management

- ❖ Organizational Assessments
- ❖ Performance Metrics
- ❖ System and Compliance Audits
- ❖ Management / Supervisor Leadership Training
- ❖ Safety Committee Training
- ❖ OSHA Recordkeeping (training and audits)
- ❖ Incident Investigations

VPP Support

- ❖ Assessments (baseline, gap analyses, annual self-evaluations, re-certification check-ups)
- ❖ VPP Applications (preparation assistance and pre-submittal reviews)
- ❖ Improvement Plans and Recommendations
- ❖ On-site Guidance During OSHA Visits

Legal / Regulatory Support

- ❖ Regulatory Interpretations and Guidance
- ❖ Regulatory Inspections (on-site and post-inspection guidance)
- ❖ Expert Testimony

Please call or visit us online for more information.

 **COMPASS**
HEALTH & SAFETY

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